

## 2013 ARNOLD CLASSIC EUROPE – BASIC INFO: WHAT, WHERE AND WHEN

by Andrew Michalak

The biggest physique sports competition: Arnold Classic Europe is getting closer. IFBB recently announced the basic schedule of this three-day event. This is important not only for competitors, who need to know when their category will start but also for the viewers if they plan to watch their preferable sport and support their favorites on the stage.

The venue for all IFBB amateur sports is: Palacio de Cristal, Casa de Campo, Avenida de Portugal, Madrid, like in the previous year. But there is something new: Friday and Saturday morning sessions A and B will be run simultaneously on two floors: Mezzanine Floor and Top Floor, so read the schedule carefully!

### 2013 Arnold Classic Europe basic schedule:

**Thursday, Oct. 10<sup>th</sup>, 2013, 10:00 – 20:00:** Registration of athletes - Palacio de Cristal, Casa de Campo, Madrid.

### **Friday, Oct. 11<sup>th</sup>, 2013, 10:30 – MORNING SESSION A (Mezzanine Floor):**

*Semifinals and finals of the following categories:*

1. Junior Men's Bodybuilding
2. Women's Bodybuilding
3. Women's Physique -163 cm
4. Women's Physique +163 cm

*Victory ceremony*

Women's Physique overall

5. Men's Classic Bodybuilding -175 cm
6. Men's Classic Bodybuilding -180 cm
7. Men's Classic Bodybuilding over 180 cm

*Round 1 (strength tests: chin-ups and dips) of the following categories:*

8. Men's Athletic Fitness -175 cm
9. Men's Athletic Fitness +175 cm
10. Women's Athletic Fitness -163 cm
11. Women's Athletic Fitness +163 cm

### **SIMULTANEOUSLY at the top floor:**

### **Friday, Oct. 11<sup>th</sup>, 2013, 10:00 – MORNING SESSION B (Main Stage, Top Floor):**

14. Men's Fitness (Round 1 and 2)

*Semifinals and finals of the following categories:*

15. Junior Women's Bodyfitness
16. Master Men Bodybuilding 50-59 years old
17. Masters Men Bodybuilding over 60 years old
18. Master Women's Bodyfitness

*Victory ceremony*

*Semifinals and finals of the following categories:*

19. Men Bodybuilding up to 70 kg

20. Men Bodybuilding up to 75 kg  
*Victory ceremony*

**Friday, Oct. 11<sup>th</sup>, 2013, 15:00 – AFTERNOON SESSION (Main Stage, Top Floor):**

21. Women's Fitness -163 cm (Round 1 - routines)  
22. Women's Fitness +163 cm (Round 1 - routines)

*Semifinals and finals of the following categories:*

23. Masters Men 40-49 years old, up to 80 kg  
24. Masters Men 40-49 years old, up to 90 kg  
25. Masters Men 40-49 years old, over 90 kg

Women's Fitness -163 cm (Round 2 – turns)  
Women's Fitness +163 cm (Round 2 – turns)  
*Victory ceremony: Master Men Bodybuilding*  
Masters Men Bodybuilding Overall

*Semifinals and finals of the following categories:*

26. Women's Bodyfitness up to 158 cm  
27. Women's Bodyfitness up to 163 cm  
28. Women's Bodyfitness up to 168 cm  
29. Women's Bodyfitness Over 168 cm

*Victory ceremony*  
Women's Bodyfitness Overall

**Saturday, Oct. 12<sup>th</sup>, 2013, 10:00 – MORNING SESSION A (Mezzanine Floor):**

*Round 2 and 3 (quarter turns) of the following categories:*

Men's Athletic Fitness -175 cm  
Men's Athletic Fitness +175 cm  
Women's Athletic Fitness -163 cm  
Women's Athletic Fitness +163 cm  
*Victory ceremony*  
Men's Athletic Fitness Overall  
Women's Athletic Fitness Overall

*Semifinals and finals of the following categories:*

12. Men's Physique -178 cm  
13. Men's Physique +178 cm

*Victory ceremony*  
Men's Physique overall

**SIMULTANEOUSLY at the top floor:**

**Saturday, Oct. 12<sup>th</sup>, 2013, 10:30 – MORNING SESSION B (Main Stage, Top Floor):**

*Finals of all the following categories:*

Men's Fitness (Round 3 – routines)  
Men's Fitness (Round 4 – turns)

*Semifinals and finals of the following categories:*

30. Men Bodybuilding up to 80 kg  
31. Men Bodybuilding up to 85 kg

*Victory ceremony: Men's Fitness, Men's Bodybuilding 80 kg and 85 kg*

**Saturday, Oct. 12<sup>th</sup>, 2013, 15:00 – AFTERNOON SESSION (Main Stage, Top Floor):**

*Semifinals and finals of the following categories:*

- 32. Women's Bikini Fitness -160 cm
- 33. Women's Bikini Fitness -163 cm
- 34. Women's Bikini Fitness -166 cm
- 35. Women's Bikini Fitness -169 cm
- 36. Women's Bikini Fitness -172 cm
- 37. Women's Bikini Fitness +172 cm

*Victory ceremony*

Women's Bikini Fitness Overall

**Sunday, Oct. 13<sup>th</sup>, 2013, 10:30 – MORNING SESSION:**

*Semifinals and finals of the following categories:*

- 38. Men Bodybuilding up to 90 kg
- 39. Men Bodybuilding up to 100 kg
- 40. Men Bodybuilding over 100 kg

*Victory ceremony*

Men Bodybuilding Overall

*Finals (Round 3 and 4) of the following categories:*

Women's Fitness -163 cm

Women's Fitness +163 cm

*Victory ceremony*

Women's Fitness Overall