

# INVITATION SUBSCIEDING 5 FITNESS CRAND PRIX



#### BODYBUILDING, BODYFITNESS, CLASSIC BODYBUILDING, BIKINI FITNESS, MENS PHYSIQUE, WOMANS PHYSIQUE

The Organizer and The Swedish Bodybuilding and Fitness Federation, SKKF, proudly invite all, Swedish Nordic, East and central European competitors, to Sweden Grand Prix 2015 in Bodybuilding for men, Bodyfitness, Classic Bodybuilding, Bikinifitness, Womens- and Mens Physique. The competition is open only for Swedish and open for the Nordic, East and central European countries, reported and approved by their national federation.

### ARENA:

Stadionmässan, Stadiongatan 25, Malmö. How to get there? Will be presented on the websites: www.stadionmassan.se and www.swedengrandprix.com

### DATE AND TIME OF THE EVENT: Saturday April 11 and Sunday April 12. Prejudging 09.00. Finals 14.00

MAIN SPONSOR:



## REGISTRATION

For competitors competing on Saturday the registration is Friday 10th April and will start 19.00 Stadionmässan, Stadiongatan 25, Malmö.

For competitors competing on Sunday the registration is Saturday 11th April and will start 16.00 Stadionmässan, Stadiongatan 25, Malmö.

The competition is open only for Swedish and open for the Nordic, East and central European countries, reported and approved by their national federation.



SWEDISH BODYBUILDING & FITNESS FEDERATION



### CATEGORIES

The organizer will add or remove categories depending if the amount of competitors gets too high or too low in each category.

- Bodybuilding -80kg, -90kg, +90kg and Overall.
- Bikini Fitness -163cm, -169cm, +169cm and Overall
- Classic Bodybuilding -180cm, +180cm and Overall.
- Body Fitness -163cm and -168cm, +168cm and Overall.
- Mens Physique -178cm and +178cm. and Overall.
- Womens Physique Open class.
- Athletic Fitness Men -180 +180.
- Athletic Fitness Women -165 +165.
- Bodybuilding Juniors -75 and +75 kg
- Bodybuilding Masters -80kg and +80kg
- Bikini Fitness beginners category
- Mens Physique beginners category
- Body Fitness beginners category



## ENTRY FORM

Entry form is attached and must be filled in by the national federation. Deadline for entry forms is 1 of April 2015. No late entry forms will be accepted! The organizer can close deadline of entry earlier if the amount of competitors get to high. Swedish competitors sign up at www.swedengrandprix.com

## RULES

Sweden Grand Prix is arranged according to the rules set by the **IFBB**, **EBFF** and **SKKF**.

## REGISTRATION

Prize money to all senior overall categories that have championship status within the IFBB.

BB men GP Overall 1st 2000 euro 2nd 1000 euro 3d 500 euro

CBB men GP Overall 1st 500 euro 2nd 250 euro 3d 100 euro

MP GP Overall 1st 500 euro 2nd 250 euro 3d 100 euro BF women GP Overall 1st 500 euro 2nd 250 euro 3d 100 euro

Bikini Fitness GP Overall 1st 500 euro 2nd 250 euro 3d 100 euro

Womans Physique Open 1st 500 euro 2nd 250 euro 3d 100 euro

At the registration/weigh in you must pay your entry fee and present your posing music (BB and CBB). The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

You must do the weigh in with your posing suit on. Competitors in BF and Bikini Fitness may show their attire at the registration but are still responsible for showing up for competition in suits and attire according to the IFBB rules.

You will receive your starting number backstage Saturday morning. At the registration you will receive badges for competitors and coaches (one coach for each competitor). Competitors for Sunday will receive their badges backstage Sunday morning.

## Posing Music

All posing music must be on an audio CD. Don't use MP3 versions according to the sound quality . The posingtime will be 30 seconds for Womans Physique and 60 seconds for Bodybuilding and CBB.

## TANNING NEEDS

On Site Spray Tanning Team reFORM by Ironsport. The service costs Swedish kronor 1100 or 120 euro this includes everything needed to get the best possible color and oil. Pay by cash or Credit Card on the spot!

For booking please email: info@reform-online.se

### **COMPETITION MEMO**

A detailed memo will be sent to each federation for further distribution to the athletes about one week before the GP.

## JUDGES

Please forward your nomination for judges from your National Federation as soon as possible but no later than 1st April 2015 to: Mr. Per Sundström, President SKKF; E-mail: per.sundstrom@skkf.org

## HOTELS

For best choice of accommodation:

Mercur Hotel Stadiongatan 21. 217 62 Malmö Phone: +46 40 6728570 Fax: +46 40 6728575 http://www.mercure-hotel-malmo.com

Elite Plaza Hotel Gustav Adolfs torg 49, 211 39 Malmö Phone: +46 40 66 44 870 Fax: +46 40 66 44 875 info.plazamalmo@elite.se

BEST WESTERN PLUS Hotel Noble House Per Weijersgatan 6, 211 34 Malmö Phone: +46 40 6643000 Fax: +46 40 6643050 info@hotelnoblehouse.se



or direct link http://www.tickster.com/sv/events/search?q=Sweden+Grand+Prix



From Kastrup Airport are train and shuttlebus to Malmö every 20 minute for approximately €11.

From Malmö Airport shuttlebus every 20 minute for approximately €10.



If you have other questions about the competition contact:

info@swedengrandprix.com

per.sundstrom@swedengrandprix.com phone +46 70 722 62 65

niclas.stromqvist@swedengrandprix.com phone +46 70 243 02 09

ulf.bjornfot@swedengrandprix.com phone +46 70 698 02 00

### MANY THANKS TO









## ENTRY FORM SWEDEN SUBJICING & FITNESS CRAND DDIX



#### DEADLINE FOR SENDING BACK COMPLETED ENTRY FORM IS: 1th April, 2015

### COUNTRY

### PRESIDENT'S NAME

### FEDERATION NAME

	Competitor NAME:	CATEGORY	a/b team	IFBB BLUE BOOK NR
	1 given name + 1 family name			or passport
1	1			]
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#### PLEASE LIST YOUR NOMINATIONS OF JUDGES

	NAME OF JUDGE(S)	PASSPORT NR	
	as written in passport		
1			
I			
2			

Please send the Final Entry Form to:

Sweden Grand Prix Secretary Email: ulf.bjornfot@swedengrandprix.com Please copy all correspondence to:

SKKF President: Per Sundström Email: per.sundstrom@skkf.org



SWEDISH BODYBUILDING & FITNESS FEDERATION

