

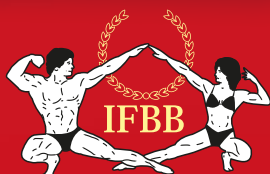
EVLS PRAGUE SHOWDOWN

EUROPE'S
GREATEST
POWER
FESTIVAL

ALL ATHLETES FROM ALL IFBB-AFFILIATED NATIONAL FEDERATIONS ALL OVER THE WORLD ARE ELIGIBLE TO COMPETE IN THE EVLS PRAGUE AMATEUR IN PRAGUE, CZECH REPUBLIC.

INSPECTION REPORT

SEPTEMBER | 29 | 30 | 2017 | PRAGUE | CZECH REP.



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EVLS PRAGUE SHOWDOWN

SEPTEMBER | 29 | 30 | 2017 | PVA EXPO PRAGUE LETŇANY



MEN'S BODYBUILDING

PRO CARD

MEN'S BODYBUILDING CLASSIC

MEN'S PHYSIQUE

PRO CARD

WOMEN'S FITNESS

WOMEN'S WELLNESS FITNESS

WOMEN'S BODYFITNESS (FIGURE)

WOMEN'S BIKINI-FITNESS (BIKINI)

PRO CARD

WOMEN'S PHYSIQUE



WELCOME

EVLS PRAGUE SHOWDOWN WILL BE HELD PVA EXPO PRAGUE LETŇANY AT THE END OF SEPTEMBER.

This year you have the amazing opportunity to become a part of the Europe's grandest power, bodybuilding and fitness festival – become another official winner of EVLS Prague Amateur which will be held on the same weekend together with the traditional EVLS Prague Pro.

All athletes from all IFBB-affiliated National Federations all over the world are eligible to compete in the EVLS Prague Amateur in Prague, Czech Republic.

Moreover, the FITNESS Expo complementing the exciting EVLS Prague Showdown will definitely be on during the entire weekend in PVA Expo Prague Letňany, i.e. in new premises and will be bigger and grander than all previous years! Upcoming EVLS Prague Showdown will be clearly the biggest in history and it will be equal to the world's most prestigious bodybuilding shows.

Everyone who will attend the contest or simply come to support their favorite athletes, will have an opportunity and option to visit the FITNESS Expo featuring various sports nutrition, natural performance enhancing supplements, as well as sporting equipment mainly focused on the field of bodybuilding and fitness.

LOCATION

The EVLS Prague Amateur will be held in Prague, the capital city of the Czech Republic. Prague, with 1.3 million residents, is often referred to as the „historical pearl of the Europe“ and is one of the most beautiful cities in the world with unique and unforgettable atmosphere. You can find your accommodation for example through [booking.com](https://www.booking.com), [trivago.cz](https://www.trivago.cz), [hotelsprague.cz](https://www.hotelsprague.cz), [hotely.cz](https://www.hotely.cz) etc.

WE ARE LOOKING FORWARD TO SEEING YOU IN PRAGUE SOON!

**NEW
FOR 2017**

VENUE



Prejudging & Finals of the EVLS Prague Amateur 2017 will be held in PVA Expo Prague Letňany together with EVLS Prague Pro and Fitness Expo 2017.



pvaexpo.cz

PVA
EXPO PRAGUE

PVA EXPO PRAGUE in Letňany is the most modern and the largest exhibition center in Prague. This multi-purpose venue hosts not only trade fairs, but also exhibitions, conferences, sports events, concerts, theatrical performances or parties.

HOW TO GET THERE

The simplest and fastest way to get to the PVA Expo is by using The Prague Metro. To get to the PVA Expo use Metro Line C which is the red line and exit at the station called "Letňany" From this point the arena is only a few minutes walk.



3

**EVLS
PRAGUE
SHOWDOWN**



For additional information,
registration and tickets, please visit:
WWW.EVLSPRAGUESHOWDOWN.COM

PARTICIPATION & REGISTRATION

THE COMPETITION IS OPEN FOR THE IFBB-AFFILIATED NATIONAL FEDERATIONS FROM ALL OVER THE WORLD. PARTICIPATION OF ATHLETES IS UNLIMITED.

THE OFFICIAL ARRIVAL DAYS FOR THE ATHLETES ARE WEDNESDAY AND THURSDAY, SEPTEMBER 27 AND SEPTEMBER 28, 2017, RESPECTIVELY.

Official Athlete Registration will be conducted on both of these days, between 10:00 and 20:00 hrs, on Wednesday, September 27 and Thursday, September 28, 2017 in PVA Expo Prague Letňany at main entrance (according navigation).

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form via email directly to the IFBB Technical Committee (amichalak5@gmail.com), copy to the IFBB Head Office in Madrid (info@ifbb.com) and to the Organizing Committee: amateur@evlsprague.com with passport-sized photos for accreditation!

All athletes will have to produce their Passports or Identity Cards and IFBB International Cards at the Official Registration. Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. IFBB International Cards are EUR €30 per year and are mandatory.

All posing music with 60 seconds for bodybuilding and 90 seconds for fitness competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

REGISTRATION FEE

THE IFBB REGISTRATION FEES ARE AS FOLLOWS:

- > Categories awarded with the Pro Cards: EUR 200 per competitor,
- > Other open categories: EUR 150 per competitor
- > Junior and Master categories: EUR 100 per competitor

Registration fee for Pro Card Categories is € 200, for other categories the fee is € 150, Junior and Master categories € 100. For juniors and masters wishing to compete in the second (open) category the additional fee of EUR €50 will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage <http://www.ifbb.com/competition-registration> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. If paying at the Registration an extra fee of EUR €50 per participant will be charged.

More information about the event's organization, time-table and other contest details, please visit www.evlspragueshowdown.com and www.ifbb.com for regular updates.

GENERAL SCHEDULE

- > **Registration /Accreditation/** will take place **between 10:00 am and 8:00 pm** on Wednesday, September 27 and Thursday, September 28, 2017 **between 10:00 am and 8:00 pm** in PVA Expo Prague Letňany.
- > **EVLS Prague Amateur 2017 Prejudging** starts on Friday, September 29, 2017, **at 9:00** in PVA Expo Prague Letňany.
- > **FITNESS Expo** starts on Friday, September 29, 2017, **at 9:00** in PVA Expo Prague Letňany
- > **Superfinals of EVLS Prague Amateur 2017** will take place on Saturday, September 30, 2017, **at 18.00** in PVA Expo Prague Letňany
- > **Banquet of EVLS Prague Amateur 2017 jointly with EVLS Prague Pro 2017** with all professionals shall take place on **Saturday, September 29, 2017, starting at 22.30** in PVA Expo Prague Letňany. Banquet ticket(s) will be available from September 29, 2017 directly at the event venue in the course of accreditation or via ticket sales points at EUR 20.00 per ticket, and EUR 15.00 per every other ticket purchased in a single transaction.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges and test-judges must bring their International Judge's Cards to Prague. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2017. This fee may also be paid at the Championships in the Czech Republic.

All judges and test judges must be present at the Team Managers and Judges Meeting. Any judge absents at this Meeting, will not be allowed to judge at these Championships. If any of the above conditions hasn't been met, judges will be unable to carry out their duties

IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.

TIME DIFFERENCE: Prague is in the Central European Time (CET) zone: UTC + 2 hours (summer)

CURRENCY: The national currency in the Czech Republic is Czech Koruna (CZK). Euro (EUR) mostly accepted. All major credit cards are widely accepted at most hotels, department stores, restaurants.

EUR 1.0 = CZK 26.26 (mid June)

USD 1.0 = CZK 23.47 (mid June).

Current rates available at:

<http://www.xe.com/currencyconverter/convert/?Amount=1&From=EUR&To=CZK>

VISA: Citizens of the EU as well as Iceland, Norway, Lichtenstein, and Switzerland don't need visa to enter the Czech Republic. Passport or ID is required only. Other countries citizens may need a visa. A uniform Schengen (short-stay) visa allows its holder to stay in the Schengen Area for the duration identified in the visa, which can be 90 days at most. It is issued for one entry, two entries or multiple entries and as an airport transit visa. Information available at: http://www.mzv.cz/jnp/en/information_for.aliens/general_visa_information/index.html. An Official Letter of Invitation will be made available if required.

Citizens of over 60 countries also don't need a visa. Detailed information at:

http://www.mzv.cz/jnp/en/information_for.aliens/short_stay_visa/list_of_states_whose_citizens_are_exempt/index.html

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas. To receive invitation letter, the applicant should forward to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, included in an official National Federation Team, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

ELECTRIC CURRENT: 230 V, 50 Hz. Plugs and sockets of type C and E. Better to check at: <http://www.worldstandards.eu>

TANNING: IFBB has banned all tans that can be wiped off. An official will check athlete's tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

ENTRY FORM CONTACT DETAILS

**WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY
THROUGH YOUR NATIONAL FEDERATIONS**

**All Final Entry Forms should be sent no later than
September 18th, 2017 (Monday) to:**



IFBB TECHNICAL COMMITTEE
Eng. Andrew Michalak
amichalak5@gmail.com



IFBB HEAD OFFICE:
Ms. Diana Mozos
info@ifbb.com



EVLS PRAGUE AMATEUR 2017
participant coordinator
amateur@evlsprague.com

At the IFBB EVLS Prague Amateur 2017 only athletes who are approved and registered by their IFBB-affiliated National Federations will be allowed to compete. Entries should be made through National Federations. National Federations from all over the world are allowed to participate in these championships.

ADDITIONAL INFORMATION

BACKSTAGE ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only through appropriate registration.

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.

Pro Tan[®]
Since 1987

Provided and serviced exclusively by ProTan USA. ProTan team of tanning professionals combined of its European staff will be available for all participating athletes just like to their pro colleagues. Complete tanning color application always together with posing oil application at time of prejudging, finals and superfinals including touch-up after prejudging will be available.

Reservations & booking will be available on arrival during the registration or contact us via info@protanczech.cz

Quality will be guaranteed only to the athletes who will use the ProTan products, service and follow product instructions diligently.

MAKE-UP & HAIR SERVICE ARE UNDER COMPETITOR'S MANAGEMENT!

ADDITIONAL INFORMATION

All IFBB-affiliated National Federations are informed that participation in this championship is unlimited. Remember that all athletes will have to present their IFBB International Card at the registration. Any athlete who has not yet purchased his or her IFBB International Card will have to buy one at the event's registration. IFBB cards are EUR 30.00 per year and mandatory from 2011.

POSING MUSIC

All posing music with 60 seconds for bodybuilding and 90 seconds for fitness competitors must be on an audio CD or USB disc only. The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music

PRESS ACCREDITATION

All media accreditation, except local media, shall be controlled by the IFBB. Any media representatives that wish to obtain press accreditation for this event must register through a web-based accreditation form at the event's official website www.evlspragueshowdown.com, section "Press" and register upon arrival at a dedicated media accreditation point.

CATEGORIES

WOMEN'S CATEGORIES

WOMEN'S BIKINI FITNESS

PRO CARD

up to 160cm | up to 163cm | up to 166cm
up to 169cm | up to 172cm | over 172cm

Junior 16 – 23 yrs – one Open Class

Masters Bikini – over 35 yrs. – Open Class

WOMEN'S FITNESS

up to 163cm | over 163cm

WOMEN'S PHYSIQUE

Open Class

WOMEN'S BODYFITNESS

up to 163cm | up to 168cm | over 168cm

Masters – over 35 yrs. – Open Class

WOMEN'S WELNESS FITNESS

Open Class

MEN'S CATEGORIES

BODYBUILDING

PRO CARD

up to 80kg | up to 90kg | up to 100kg | over 100kg
Classic Bodybuilding up to 180 cm | over 180 cm

Bodybuilding Junior 16 – 23 yrs. – one Open Class

Classic Bodybuilding - over 40 yrs. – Open Class

MEN'S PHYSIQUE

PRO CARD

up to 176cm | up to 179cm
up to 182cm | over 182cm

Junior 16 – 23 yrs – one Open Class

SUPERFINALS

MEN'S BODYBUILDING - top 1 from each category

MEN'S PHYSIQUE - top 1 from each category

WOMEN'S BIKINI-FITNESS - top 1 from each category



EVLS PRAGUE AMATEUR 2017 SCHEDULE

WEDNESDAY, SEPT. 27, PVA EXPO PRAGUE LETŇANY

2:00 – 20:00 **Registration of competitors, judges, delegates**

All judges seminars and judge's meetings will take place in PVA EXPO PRAGUE LETŇANY.

THURSDAY SEPT. 28, PVA EXPO PRAGUE LETŇANY

10:00 – 20:00 **Registration of competitors, judges, delegates**

17:00 **Team Managers and Judges Meeting**

All judges seminars and judge's meetings will take place in PVA EXPO PRAGUE LETŇANY.

FRIDAY, SEPT. 29, PVA EXPO PRAGUE LETŇANY

9.00 **Fitness Expo opens**

9:00 **Prejudging and Finals**

Women's Bikini up to 160 cm, up to 163 cm, up to 166 cm, up to 169 cm,

Women's Bodyfitness, Women's Fitness, Women's Physique, Women's Wellness Fitness,

Juniors & Masters Bodybuilding, Men's Bodybuilding - up to 80 kg, up to 90 kg,

Juniors, Masters & Men's Classic Bodybuilding

Men's Physique - up to 176 cm, up to 179 cm, Juniors

17:00 **Press Conference**

18:00 **Meet & Greet**

SATURDAY, SEPT. 30, PVA EXPO PRAGUE LETŇANY

9:00 **Fitness EXPO opens**

9:30 **Prejudging and Finals**

Men's Bodybuilding - up to 100 kg, over 100 kg

Womens Bikini - up to 172 cm, over 172 cm

Men's Physique - up to 182 cm, over 182 cm

17:30 **Superfinals Openig Ceremony**

18:00 **Superfinals**

Women's Bikini, Men's Physique, Men's Bodybuilding

22.30 **Banquet**

IMPORTANT NOTES

ALL THE COSTS FOR TRAVEL, HOTEL ACCOMMODATIONS AND MEALS, AS WELL AS LOCAL TRANSPORTATIONS INCLUDING TRANSFERS FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS AND/OR ATHLETES THEMSELVES. NEITHER THE PROMOTER, ITS ORGANIZING COMMITTEE, NOR THE IFBB WILL BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT FOR THE HOTEL ACCOMMODATIONS, LOGISTICAL ARRANGEMENTS, MEALS, OR ANY OTHER COSTS TO BE BORN BY THE EVENT'S PARTICIPANTS.

The PROMOTER of the EVLS Prague Amateur 2017 event in PRAGUE, CZECH REPUBLIC, will not accept any direct registration from athletes, as these must be processed by their respective national IFBB federations.

Final Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Head office in Madrid and IFBB Technical commission. The final decision to allow an athlete to compete in this event rests with the IFBB.

Registration fee for Pro Card Categories is € 200, for other categories the fee is € 150, Junior and Master categories € 100. For juniors and masters wishing to compete in the second (open) category the additional fee of EUR €50 will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage <http://www.ifbb.com/competition-registration> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration. If paying at the Registration an extra fee of EUR €50 per participant will be charged.

Bring copy of your payment confirmation to the registration.

PLEASE SEND ENTRY FORM BY SEPTEMBER 18, 2017 TO:

(Preferably by email)

IFBB Technical commission
Mr. ANDREW MICHALAK

amichalak5@gmail.com

PLEASE SEND A COPY TO:

International Federation
of Bodybuilding and Fitness

Mr. ERNSTO PEREZ LOBO
Head Office Manager
+34 91 535 2819

officemanager@ifbb.com

IMPORTANT

PLEASE SEND A COPY WITH PHOTO TO:

EVLS PRAGUE AMATEUR 2017's
participants coordinator:

Mrs. LUCIE KANTŮRKOVÁ

amateur@evlsprague.com