



OLYMPIA AMATEUR SPAIN

June, 12th to 14th 2015 (Torremolinos - Málaga, España)



INSPECTION REPORT

WELCOME:

IFBB President, Dr. Rafael Santonja, welcomes to the first edition of the Olympia Amateur Spain Mr. Olympia Amateur is a prestigious IFBB international event, an amateur version of the famous Mr. Olympia Pro competition, started by the inspirational concept of bodybuilding pioneer and promoter Joe Weider in 1965. Beside traditional men's bodybuilding, our amateur version will also include men's classic bodybuilding, men's physique as well as women's bodyfitness and bikini-fitness – full spectrum of the spectacular physique sports performed in the IFBB nowadays.



LOCATION:

Mr. Olympia Amateur Spain will be celebrated in Torremolinos; an attractive touristic city, one of the best cities in the famous **Costa del Sol**, just near from Málaga (+500,000 habitants), only 13 km away from this big metropolis. Torremolinos is famous of its beautiful beaches, with some tourist and business activities (congresses, cultural events, commercials fairs, etc.). Near 70,000 habitants makes Torremolinos one of the best touristic sites in Andalusía, with **30,000 beds and 80 hotels**. Malaga's International Airport is only 5 minutes from Torremolinos.



VENUE SITE:

This Mr. Olympia Amateur Spain will be held at the **Palacio de Congresos de la Costa del Sol**, Torremolinos, in the Málaga Hall (1000 seats audience) with exceptional conditions on space, lights and sound. A very spacious and original Entrance Hall used for fairs and exhibitions occupies the center of the building while the auditoriums are located around it, on the contour of a shell, from bigger to smaller ones. Mr. Olympia Amateur Competition will occupy the two biggest.





OFFICIAL HOTEL:

To be announced soon

RECOMMENDED HOTELS:

To be announced soon

IMPORTANT ADVICE ON HOTEL BOOKING:

These dates will be at the beginning of summer, so it will be very difficult to find out an easy accommodation in the **Costa del Sol**, one of the most popular touristic zones in Europe. Because of that, it is recommended to book the hotels as soon as possible. Please, book your hotel enough in advance to get a convenient accommodation in those dates. Later on you may find that all hotel rooms will be sold out, what happened many times in those months.

Please, keep in contact with the IFBB Headquarters for more information.



CATEGORIES OPEN FOR THIS COMPETITION:

BODYBUILDING

Up to & including 70 kg Up to & including 80 kg Up to & including 85 kg Up to & including 90 kg Up to & including 100 kg Over 100 kg Men's

Overall winners will be eligible to apply for the IFBB PRO Card

CLASSICS BODYBUILDING (* Height/weight limits)

Up to & including 171 cm Up to & including 175 cm Up to & including 180 cm Over 180 cm

Overall winners will be eligible to apply for the IFBB PRO Card.

MEN'S PHYSIQUE

Up to & including 170 cm Up to & including 174 cm Up to & including 178 cm Over 178 cm

Overall winner will be eligible to apply for the IFBB PRO Card.

BODYFITNESS

Up to & including 163 cm Over 163 cm

Overall winner will be eligible to apply for the IFBB PRO Card.

BIKINI-FITNESS

Up to & including 158 cm Up to & including 163 cm Up to & including 169 cm Over 169 cm Bikini-Fitness Masters (+35 years old)

Overall winner will be eligible to apply for the IFBB PRO Card.

Maximum bodyweight limits [in kg] for classic bodybuilding:	
Up to 168 cm	Athlete's height [in cm] minus 100
Up to 171 cm	(Athlete's height [in cm] minus 100) + 2
Up to 175 cm	(Athlete's height [in cm] minus 100) + 4
Up to 180 cm	(Athlete's height [in cm] minus 100) + 6
Up to 190 cm	(Athlete's height [in cm] minus 100) + 8
Up to 198 cm	(Athlete's height [in cm] minus 100) + 9
Over 198 cm	(Athlete's height [in cm] minus 100) + 10

PARTICIPATION:

This competition is open for **ALL** the **IFBB-affiliated National Federations**. The number of competitors participating in these championships is **unlimited**. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation. Entry Forms should be e-mailed to the IFBB General Secretary, with a copy to the IFBB Head Office in Madrid. Once the Entry Form from your National Federation has been received and accepted, an official letter will be sent confirming your participation in this Mr. Olympia Amateur Spain (included: Bodybuilding, Classic Bodybuilding, Bodyfitness, Bikini-Fitness and Men's Physique). Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed, will also be notified that they will be unable to participate in this competition. We strongly encourage you to register early and make the appropriate arrangements to compete in this first Mr. Olympia Amateur Spain.

IMPORTANT INFORMATION

All the costs of traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information.

REGISTRATION AND WEIGH-IN:

The weigh-in, measurements and registration will be conducted on Friday, June 12th, 2015 at the

Official hotel. IFBB Registration Fee of EUR 200 (Euros) will have to be paid in advance online or at the time of weigh-in. We fully recommend you to make the advance payment by credit/debit card or through PayPal at http://www.ifbb.com/registration for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

- Registration and weigh-in will be run from 10:00 to 16:00 o'clock on Friday, June 12th, 2015.

Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchased this IFBB

International Card will have to buy one at registration. IFBB International Cards are 30 Euros per year and are mandatory from 2011.

IFBB amateur event will start on Saturday, June 13th, and will continue on Sunday, June14th. Athletes should begin warming up at 09:00 on Saturday June 13th and competition will begin at 10:00 o'clock. More information about running order and other competition details will be forwarded closer to the contest date. Please check at www.ifbb.com for regular updates.

IMPORTANT NOTICE FOR COMPETITORS:

Each athlete, participating in the championship will be provided with an accreditation card or wrist band at the weigh-in. This identification allows daily admission and should not be removed.

VISAS:

A valid passport is required to enter Spain. EU-country citizens do not need to obtain a visa. All other countries should consult the Spanish Embassy in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required.

TANNING NEEDS:

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

REGISTRATION AND REGISTRATION FEE

Registration of athletes will only be considered if they are recommended or nominated by the National Federation of the athlete and the Entry Form has been emailed directly to the IFBB General Secretary and IFBB Head Office in Madrid. Registration fee for athletes to enter this competition is €200 Euros which will be collected at the time of registration, if not paid in advance. Preferably, payment should be made in advance online by your IFBB PayPal account at http://www.ifbb.com/registration by credit/debit card for your best comfort and convenience. Will be possible too, to do at the registration time. An official or team manager from each national team is asked to collect the money from his/her team members and make a payment to the Organizing Committee representative.

POSING MUSIC:

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.! **JUDGES:**

All National Federations are reminded that their nominations for judges must be also included in the Entry Forms according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn at <u>pawelfileborn@gmail.com</u>

MEDIA ACCREDITATION:

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by e-mail at info@ifbb.com **no later than June 1st, 2015**.

BACKSTAGE ACCESS:

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/VIDEOTAPE EQUIPMENT:

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

TIME DIFFERENCE:

Torremolinos is in the Central European Time zone (GMT +1 hour)

CURRENCY:

The national currency in Spain is EURO. All major credit cards are widely accepted at most major hotels, department stores and restaurants.

CLIMATE:

During the month of June, the average daily temperature is 23 °C.

ENTRY FORM CONTACT DETAILS:

All Entry Forms and correspondence should be addressed to the IFBB General Secretary William TIERNEY at w.tierney@ifbb-uk.com and IFBB Head Office in Madrid at headquarters@ifbb.com The deadline date for submitting the entry forms is June 1st, 2015.

PLEASE FORWARD ALL ENTRY FORMS TO:

Please send your Entry Form no later than June 1st, 2015 to:

IFBB General Secretary William Tierney Phone: +44 151 9314090 E-mail: w.tierney@ifbb-uk.com

Please send a copy to:

International Federation of Bodybuilding and Fitness Phone: +34 91 535 2819 E-mail: headquarters@ifbb.com

TENTATIVE SCHEDULE OF ACTIVITIES

Friday, June 12th, 2015:

Arrivals of all national teams 10:00 – 16:00: Continuous Weigh-in and Registration (all categories)

16:30 pm – Technical & Judges Meeting

Saturday, June 13th, 2015:

10:00 am – Prejudging and finals of categories

Sunday, June 14th, 2015: 10:00 am – Prejudging and finals of categories

> Monday, June 15th, 2015: Departures of national teams